

# Blood Control & Wrapping

Welcome to our  
October Meeting!

Please have a seat and  
sign in



# First Service Event

**Help us make a poster for health fair for volunteer hours!**

- Come join us next Monday,  
October 21st during lunch  
ASB room (ES 101)

- We will be participating in the health  
fair hosted by Healtheory  
(sometime in late October)

# Bloodborne Pathogens

**BE CAREFUL!!!**

- **Bloodborne pathogens** are microorganisms such as viruses or bacteria that are carried in blood and can cause diseases.
- **Most Common:**
  - HIV, HBV, and HCV
  - About 20 in total
- **Commonly Transmitted Through:**
  - accidental puncture from contaminated needles, broken glass, etc
  - between broken or damaged skin and infected body fluids (ex: you have a cut on your finger and touch infected blood)

# Blood Control

- 1) Gloves
- 2) Gauze (continue with as much as needed)
- 3) Tying the wound (figure 8)
- 4) Elevate the wound
- 5) Check pulse



# Wrapping the Knee

- 1) Have a seat and slightly bend in the knee
- 2) Start wrapping at the kneecap
- 3) Make sure to cover above and below the kneecap
- 4) Don't wrap too tightly
- 5) Secure the bandage in place with Velcro strip



# Wrapping the Elbow

- 1) Hold arm straight with slight bend on elbow
- 2) Start wrapping by crease of elbow
- 3) Make sure to cover above and below the joint
- 4) Don't wrap too tightly
- 5) Secure the bandage in place with Velcro strip



# Activity

Get in a group of pairs of two/three and get one wrap.

Your job is to perform either of the two wraps you learned.

We will be going around when everyone is finished and declare a winner!!